

Soulful



Requirements

16 Fat Quarters.
Border: 35cm
Binding: 50cm
Batting: 1.5m x 1.8m
Backing: 3.1m

Use a rotary cutter to accurately cut your squares and rectangles.

Circles can be applied by either hand, machine or use iron on fusible web and and hand buttonhole stitch.

Please read all instructions before beginning.

*Designed by Lynne Wilson
My Place Bowral*

Cutting

From each of the (16) fat quarters cut:

- * (6) 6½" x 6½" squares and
- * (3) 3½" x 6½" rectangles

Arrange the Squares

1. Leave (1) 6½" square of each fabric aside for the circles.
2. Arrange the remaining 80 squares into (10) rows of (8) squares. Arrange the squares so the different fabrics and colours are placed evenly throughout the quilt.

Sewing the Rows Use a ¼" seam throughout

1. Sew the first row of (8) 6½" squares.
2. Press the seams all the same direction.
3. Sew the squares in row two and press the seams in the opposite direction to the first row.
4. Pin the first and 2nd rows together matching the seams of each square. With the seams pressed in opposite directions you will be able to butt the seams together for a perfect match in each row.
5. Continue adding rows as in steps 1 through 4 till you have made 10 rows of 8 squares.

First Border

1. Join the 2" strips together and cut (2) 48½" lengths for the top and bottom of the quilt and (2) lengths 63½" for the sides.

Pieced Border

1. Choose (9) 3½" x 6½" rectangles for the top and bottom borders.
2. Cut the first and last rectangle in the row into 3½" x 5" rectangles.
3. Sew the (9) rectangles together beginning and ending with a 5" rectangle. Sew to the top and bottom of the quilt
4. Choose (13) 3½" x 6½" rectangles for the side borders.
5. Cut the first and last rectangle in the row into a 3½" square.
6. Cut the 2nd rectangle on both ends into 5" x 6½" a rectangle.
7. Sew a 3½" square to a 3½" x 5" rectangle. Repeat for the other pair.
8. Beginning and ending with a 3½" square add the (9) 3½" x 6½" rectangles to complete the side borders. Sew to the sides.

Circles

1. To **hand applique** the circles cut out one circle from each fabric adding a ¼" seam allowance.
2. If you are using fusible web to apply the circles then cut out with no seam allowance added.
3. Arrange the circles wherever you would like over the quilt and sew with your chosen method.

Quilt as desired and bind.